

ADOLESCENTS' ADJUSTMENT ON THE BASIS OF GENDER AND LOCALE

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ABSTRACT

Adolescence is the most crucial stage of human life. The present investigation was attempted to find out the influence of gender and locale and their interaction on adjustment and its dimensions in adolescents. The sample comprised of 214 adolescents randomly drawn from urban and rural areas of Rohtak. Data were analyzed by using 2×2 factorial design. Results showed a significant influence of gender on adolescents' health, emotional, social and overall adjustment. A significant influence of locale on home adjustment and social adjustment was also observed. Further, results reflect a significant interactive influence of gender and locale on health and emotional adjustment in adolescents. The findings of the study show that girls were higher on over all adjustment and emotional adjustment and boys were higher on health and social adjustment further; urban adolescents were higher on home adjustment and social adjustment than rural adolescents. Whereas rural adolescents were higher on over all adjustment These findings are of paramount importance for parents, teachers, psychologists, counsellors, researchers, health policy-makers and school administrators to comprehend the impact of gender and locale on adjustment in adolescents. Delimitations of the study and suggestions for future researches have also been discussed.

KEYWORDS: Adolescents' Adjustment on the Basis of Gender and Locale